

David E. Bauman Jr., PsyD

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Education

Graduate

The School of Professional Psychology at Forest Institute (Forest Institute)

Doctorate of Psychology (PsyD), with distinction; APA Accredited

Clinical Psychology

Primary Care Psychology Concentration

US-MO-Springfield

Graduation Date: 9/2014

Geneva College

Master of Arts (MA), CACREP Accredited

Clinical Mental Health Counseling

US-PA-Beaver Falls

Graduation Date: 08/2009

Undergraduate

State University of New York (SUNY) at Albany

Bachelor of Arts (BA)

Major-Psychology

Minor-Business

US-NY-Albany

Graduation Date: 07/2007

Licensures

05/2015-Present Licensed Clinical Psychologist, State of Washington, PY60523289

Work Experience

01/2016-Present ***Behavioral Health Education Director***; Central Washington Family Medicine (CWFM). Yakima, WA

Description: Director of behavioral health education at CWFM. Overseer of innovative psychoosocial medicine (PSM) curriculum development and implementation at family medicine residency (30 residents). Training director for Community Health of Central Washington's (CHCW) predoctoral internship and post-doctoral fellowship programs.

06/2017-Present ***Regional Training Director***; National Psychology Training Consortium (NPTC) – Cascades Region. Yakima, WA.

Description: Overseer of NPTC-Cascades Region predoctoral psychology internship. Sites include HealthPoint Community Health Center, CHCW, and Yakima Neighborhood Health Center. Develops and oversees curriculum implementation that promotes integrated behavioral health care across all internship primary care sites.

08/2015-Present ***Behavioral Health Consultant***; CWFM. Yakima, WA

Client population: Underserved (i.e., uninsured, low SES, homeless, minorities, etc.) adults, adolescents and children.

Description: Provides individual brief behavioral health sessions (e.g., depression, anxiety, weight management, stress reduction, smoking cessation, chronic pain, etc.), daily consultation with medical providers regarding patients and medications, case conferences and presentations, program development.

Consulting Experience

- 12/2015-Present **Associate Consultant**; Mountainview Consulting Group, Inc. Zillah, WA
Description: Associate consultant for the world leader in the design and implementation of the Primary Care Behavioral Health (PCBH) model. Provide range of consulting services to medical systems regarding BH integration, the PCBH model, and training residents/medical providers in the PCBH model.
Client list: SEE BELOW
- 08/2017-Present **Technical Assistance Provider**; Collaborative Family Health Care Association.
Description: Provide technical assistance to medical systems regarding BH integration, the PCBH model, and training residents/medical providers in the PCBH model.
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Academic Experience

Academic Instructing Experience

- 08/2014-Present **Family Medicine Residency Core Faculty**; CWFM. Yakima, WA
Description: Core faculty member of family medicine residency program, instruct behavioral health group didactics, shadow residents regarding patient center communication and psychosocial medicine, responsible for psychosocial medicine curriculum.
- 01/2016-Present **Faculty Associate**; Arizona State University, Doctorate of Behavioral Health Program
Description: Course instructor for following courses: IBH 660 Legal, Ethical and Professional Issues in Healthcare; IBC 701 Models of Integrated Primary Care.
- 05/2015-Present **Clinical Instructor**; University of Washington's Department of Family Medicine, Seattle, WA
Description: Faculty of residency program; instruct University of Washington's medical students/residents didactics when assigned to CWFM; shadow and instruct medical students regarding patient centered communication and psychosocial medicine.

Leadership Experience

- 10/2016-Present **Academic Family Medicine Advocacy Committee**
STFM representative
- 06/2016-12/2016 **Washington State Behavioral Health Workforce Stakeholder Group**
Member
- 12/2015-12/2016 **Society of Teachers of Family Medicine Family Medicine Congressional Conference**
Scholar recipient

- 01/2015-Present *Yakima Valley Interprofessional Practice and Education Collaborative*
Chair-elect; Council member
- 01/2015-12/2016 *Collaborative Family Healthcare Association (CFHA) Primary Care Behavioral Health (PCBH) SIG*
Secretary, Leadership Team
- 01/2014-12/2016 *CFHA PCBH SIG Toolkit Committee*
Committee member and Lead

Training Experience

Post-Doctoral Fellowship

- 08/2014-08/2015 *Behavioral Health Consultant, Post-Doctoral Fellow; CWFm. Yakima, WA*
(2000 hours)
Client population: Underserved (i.e., uninsured, low SES, homeless, minorities, etc.) adults, adolescents and children.
Supervisor: Kirk Strosahl, PhD
Description: Faculty member of CWFm family medicine residency program, individual brief behavioral health sessions (e.g., depression, anxiety, weight management, stress reduction, smoking cessation, chronic pain, etc.), daily consultation with medical providers regarding patients and medications, case conferences and presentations, program development.

Pre-Doctoral Internship

- 07/2013-07/2014 *Behavioral Health Consultant, Pre-Doctoral Intern; HealthPoint Community Health Centers. Federal Way, WA (APPIC Member; 2000 hours)*
Client population: Underserved (i.e., uninsured, low SES, homeless, minorities, etc.) adults and adolescents.
Supervisor: Sierra Swing, PsyD & Anya Zimberoff, PsyD
Description: Individual brief behavioral health sessions (e.g., depression, anxiety, weight management, stress reduction, smoking cessation, chronic pain, etc.), daily consultation with medical providers regarding patients and medications, case conferences and presentations.

Master's Internship

- 09/2008-08/2009 *Intervention Individual and Group Therapist; Western Psychiatric Institute and Clinic (WPIC) at the University of Pittsburgh Medical Center (UPMC). Pittsburgh, PA (1000 hours)*
Client population: Obese and overweight adults.
Supervisor(s): Melissa Kalarchian, PhD, and Joseph Peters, PhD, ABPP
Description: Individual and group Cognitive Behavioral Therapy (CBT) protocol delivered for pre and post-bariatric surgery patients.

Bibliography

Peer Reviewed Articles

- Hunter, C. L., Funderburk, J. S., Polaha, J., **Bauman, D.**, Goodie, J. L., & Hunter, C. M. (2017). Primary care behavioral health (PCBH) research: Current state of the science and a call to action. *Journal of Clinical Psychology in Medical Settings*. <https://doi.org/10.1007/s10880-017-9512-0>
- Ogbeide, S. A., **Bauman, D.**, Beachy, B., Neuhaus, C., & Leftwich, M. (2013). The nonphysician clinical experience: Attitudes toward communication and collaborative patient care. *Psi Chi Journal of Psychological Research*, 18(1), 20-26.

Book Chapter Publications

- Bauman, D.**, Beachy, B., & Ogbeide, S. A. (in press). Stepped care and behavioral approaches for diabetes management in integrated primary care. In W. O'Donahue & A. Maragakis (Eds), *Principle-based stepped care and brief psychotherapy for integrated care settings*. New York, NY: Springer Science, Business Media, LLC.
- Strosahl, K., **Bauman, D.**, & Beachy, B. (in press). ACT with challenging, high risk patients. In *International Handbook of Acceptance and Commitment Therapy*.
- Robinson, P. & **Bauman, D.** (2017). Improving care for a primary care population: Persistent pain for example. In M. E. Maruish (Ed), *Handbook of Psychological Assessment in Primary Care Settings* (2nd ed.). New York, NY: Routledge.
- Robinson, P., **Bauman, D.**, & Beachy, B. (2016). Promoting healthy lifestyle behaviors in patients with persistent pain. In J. Mechanick, & R. F. Kushner (Eds), *Lifestyle medicine: Manual for clinical practice*. New York, NY: Springer Science, Business Media, LLC.
- Beachy, B., **Bauman, D.**, & Reiter, J. (2015). Cardiovascular disease in Patient Centered Medical Homes: The Trident Approach. In O'Donohue, W. T., Maragakis, A., & C. Snipes (Eds), *Integrated primary and behavioral care: Role in medical homes and chronic disease management*. New York, NY: Springer Science, Business Media, LLC.

Non-peer Reviewed Publications

- Bauman, D.** (2014). A brief acceptance and commitment therapy intervention in a primary care, underserved setting: ACTing your way with anxiety (Unpublished doctoral dissertation). The School of Professional Psychological at Forest Institute, Springfield, MO.
- Massey, W.V., **Bauman, D.** & Beachy, B. (2013). The Internship and Practicum Experience Database Manual: A Student's Guide to Applied Experience in Sport and Exercise Psychology. *Association for Applied Sport Psychology*. <http://www.appliedsportpsych.org/files/IPEDManual03.25.13.pdf>
- Beachy, B., **Bauman, D.**, & Massey, W.V. (2012). Suggestions for graduate students. In B. Beachy, **D. Bauman**, E. Martin, N. Gabana, & C. Schwartz (Eds). *The Performance Excellence Movement Newsletter*. Indianapolis, IN: Association for Applied Sport Psychology.

Presentations

- Baker, M., **Bauman, D.**, & Beachy, B. (2017, October). *If you build it, they will come. Practice based innovations to help expand a growing PCBH practice*. Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.
- Bauman, D.**, & Beachy, B. (2017, October). *Unlocking radical behavioral change with PCBH and ACT: Applying contextualism within the PCBH framework and primary care system*. Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.
- Beachy, B., Ogbeide, S. A., **Bauman, D.**, & Christensen, J. (2017, October). *"You are not fired!" Using the PCBH model to fortify efforts to care for vulnerable patients in primary care*. Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.
- Funderburk, J., **Bauman, D.**, & Polaha, J. (2017, October). *The Primary Care Behavioral Health (PCBH) model: Engaging in practice-based research to assess the impact of your clinic work and move the scientific research base forward*. Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.

- Beachy, B. & **Bauman, D.** (2017, October). *Advancing primary care through behavioral health integration*. Presentation at the Jackson Care Connect & CareOregon Integrated Care Collaborative. Medford, OR.
- Beachy, B. & **Bauman, D.** (2017, June). *Primary care behavioral health: Background & Philosophical foundation*. Presentation at the CareOregon & Children's Health Alliance Integrated Care Collaborative: Best Practices for Impacting Population Health in PCMH. Portland, OR.
- Reiter, J. & **Bauman, D.** (2016, October). *Summarizing the evidence for the primary care behavioral (PCBH) model*. Presentation at the 18th Collaborative Family Healthcare Association annual conference. Charlotte, NC.
- Beachy, B., **Bauman, D.**, Baker, M., Lancaster, R. & Ellwood S. (2016, October). *Moving beyond integration to transformation: Practice-based innovations and strategies and transformed PCBH practice*. Presentation at the 18th Collaborative Family Healthcare Association annual conference. Charlotte, NC.
- Beachy, B & **Bauman, D.** (2016, September). *Using focused acceptance and commitment therapy (FACT) in primary care behavioral health (PCBH)*. Webinar presenting in CFHA webinar series. <https://vimeo.com/183028615>
- Ogbeide, S. A., **Bauman, D.**, & Beachy, B. (2016, July). *Answering the call for integration: Training today's healthcare workforce*. Paper will be presented at the Prevention Conference, New Orleans, Louisiana.
- Bauman, D.**, Beachy, B., Strosahl., & Robinson, R. (2016, June). *It's a matter of FACT: Training Medical providers to address behavioral and mental health concerns in primary care*. Workshop presentation at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- Baker, M., Beachy, B. & **Bauman, D.** (2015, December). *"The 'Who, What, Where, Why and How' of Integrated Care."* Presentation at Washington State Psychological Association Fall Convention. Seattle, WA.
- Manson, L., **Bauman, D.**, Beachy, B., Ogbeide, S., & Baker, M. (2015, October). *What's with all the numbers? Quality indicators within integrated behavioral health programs*. Presentation at the 17th Collaborative Family Healthcare Association annual conference. Portland, OR.
- Beachy, B., **Bauman, D.**, & Ogbeide, S. (2014, October). *Repaving the road: Addressing the challenges of conducting outcome research in primary care*. Presentation at the 16th Collaborative Family Healthcare Association annual conference. Washington, D.C.
- Baker, M., Beachy, B., **Bauman, D.**, Wilson, A., & Tiernan, K. (2014, October). *Stress, psychological flexibility, and behavioral health satisfaction: An assessment and intervention study with primary care providers*. Presentation at the 16th Collaborative Family Healthcare Association annual conference. Washington, D.C.
- Robinson, R., Rosen, D., Gould, D., **Bauman, D.**, Beachy, B., & Baker, M. (2014, June). *ACT in primary care medicine*. Panel presentation at the annual world conference of the Association for Contextual Behavioral Science, Minneapolis, MN.
- Houghton, D., Rost, A., **Bauman, D.**, & Beachy, B. (2013, May). *Individual ACT for Smoking Cessation among Pregnant and Postpartum Women*. In T. Douleh (Chair), *Assessment and Evaluation of*

Core Active Processes in Clinical Behavioral Interventions. Symposium conducted at the annual meeting of the Association for Behavior Analysis International in Minneapolis, MN.

Andreassen, A., **Bauman, D.**, & Beachy, B. (2012). *Rorschach-Performance Assessment System (R-PAS) Training Workshop*. Workshop presentation at the School of Professional Psychology at Forest Institute, Springfield, MO.

Bauman, D., & Beachy, B. (2012, July). *An Acceptance and Commitment Therapy protocol for anxiety in a primary care setting: ACTing your way, with anxiety, to a better life*. Presentation at the Research and Program Development Forum at the annual world conference of the Association for Contextual Behavioral Science, Washington, D.C.

Posters

Baker, M., Beachy, B., & **Bauman, D.** (2015). *“Trident Approach” to Primary Care Behavioral Health*. Poster presented at the 17th Collaborative Family Healthcare Association annual conference. Portland, OR.

Beachy, B., **Bauman, D.**, Baker, M., & Swing, S. (2013). *A brief, ACT, behavioral health protocol for treating hypertension in primary care*. Poster presented at the 15th Collaborative Family Healthcare Association annual conference. Denver, CO.

Houghton, D. C., Rost, A., **Bauman, D.**, & Beachy, B. (2013, November). *Acceptance and commitment therapy for pregnant and postpartum women: A pilot study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies in Nashville, TN.

Beachy, B. & **Bauman, D.** (2013, June). *Behavioral health solutions for smoking/tobacco cessation in primary care*. Poster presented at the annual meeting of the Missouri Psychological Association, Lake of the Ozarks, MO.

Bauman, D., Beachy, B., Neumann, C., Hope, K., & Miller, K. (2012, July). *Do we practice what we teach? Psychological inflexibility and value incongruence in student health care providers*. Poster presented at the annual world conference of the Association for Contextual Behavioral Science. Washington, D.C.

Sanford, B., Rost, A., Houghton, D., **Bauman, D.**, & Beachy, B. (2012, July). *Examining the psychometric properties of the Valued Living Questionnaire*. Poster presented at the annual world conference of the Association for Contextual Behavioral Science. Washington, D.C.

Ogbeide, S.A., **Bauman, D.**, Beachy, B., Neuhaus, C., & Leftwich, M. (2012, April). *Factors associated with attitudes toward patient-provider communication and collaborative care in a sample of non-physician clinician trainees*. Poster presented at the 33rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine.

Beachy, B., & **Bauman, D.** (2012, March). *Acceptance and Commitment Therapy (ACT) for post-traumatic stress disorder: An Alternative to treatment as usual*. Poster presented at the annual meeting of the Missouri Psychology Association, St. Louis, MO.

Bauman, D., Beachy, B., & Ogbeide, S.A., (2010, June). *Health-related variables associated with depressive symptoms among a university sample*. Poster presented at the annual meeting of the Missouri Psychology Association, Lake of the Ozarks, MO.

Consulting Client List

01/2018-Present	Partnership Health Center
09/2017	Health Federation of Philadelphia
04/2017-Present	TriHealth
01/2017-Present	Cascade Medical Center
01/2017-Present	St. Luke's Health Partners
01/2017-01/2018	Northwest Region Primary Care Association
06/2016-9/2016	Indiana University Health Arnett
05/2016-9/2016	DC Primary Care Association
09/2015-3/2016	University of Arkansas for Medical Sciences

References

Stroashl, Kirk, PhD (509) 452-4946
kirk@mtnviewconsulting.com

Robinson, Patricia, PhD (509) 307-5333
patti@mtnviewconsulting.com

Reiter, Jeff, PhD (425) 882-1697
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Baker, Melissa, PhD (425) 486-0658
mbaker@healthpointchc.org